

SEPTEMBER 2024 CHALLENGE

NAME _____

ROW 100,000 METERS IN 30 DAYS. VERIFY ENTRIES WITH AN ATTENDANT AT THE JIM THORPE FITNESS CENTER FRONT DESK.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 _____ DISTANCE	2 _____ DISTANCE	3 _____ DISTANCE	4 _____ DISTANCE	5 _____ DISTANCE	6 _____ DISTANCE	7 _____ DISTANCE
8 _____ DISTANCE	9 _____ DISTANCE	10 _____ DISTANCE	11 _____ DISTANCE	12 _____ DISTANCE	13 _____ DISTANCE	14 _____ DISTANCE
15 _____ DISTANCE	16 _____ DISTANCE	17 _____ DISTANCE	18 _____ DISTANCE	19 _____ DISTANCE	20 _____ DISTANCE	21 _____ DISTANCE
22 _____ DISTANCE	23 _____ DISTANCE	24 _____ DISTANCE	25 _____ DISTANCE	26 _____ DISTANCE	27 _____ DISTANCE	28 _____ DISTANCE
29 _____ DISTANCE	30 _____ DISTANCE					

TOTAL DISTANCE _____

