



Jim Thorpe Fitness Center

Fitness Schedule

AUGUST 2022



Monday	Tuesday	Wednesday	Thursday	Friday
1	2 1030 - Yoga (Donald)	3 0900 - Body Blast (Brian)	4 1030 - Yoga (Donald)	5
8 0900 - Body Blast (Brian)	9 Welcome Expo Set-Up Jim Thorpe Fitness Center CLOSED	10 Welcome Expo Jim Thorpe Fitness Center CLOSED	11 1030 - Yoga (Donald)	12
15 0900 - Body Blast (Brian)	16 1030 - Yoga (Donald)	17 0900 - Body Blast (Brian)	18 1030 - Yoga (Donald)	19
22 0900 - Body Blast (Brian)	23 1030 - Yoga (Donald)	24 0900 - Body Blast (Brian)	25 1030 - Yoga (Donald)	26
29 0900 - Body Blast (Brian)	30 1030 - Yoga (Donald)	31 0900 - Body Blast (Brian)		

Classes will be on the 3rd floor of Jim Thorpe Hall Gym. Call to register. Cost is \$5.00/person.
Payment is credit card only.

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